



# ROAD MAP OF our Physical Education Curriculum



Comberton Village College PE department aims is to create a learning environment where students are encouraged to take risks, develop confidence, improve physically literacy and take ownership of their learning, regardless of their ability. With every student in mind, our PE department offers an exciting and diverse curriculum to ignite a passion for sport. Throughout key stage 3 pupils will engage in a wide variety of traditional and alternative games to develop cultural capital and to instil core values to create valued members of the community. In Key stage 4 we create a sense of autonomy, we promote engagement and give pupils the tools to be independent learners and promote lifelong physical activity. Our intention is that every student develops a love of learning and an understanding of the importance of a well balanced healthy active lifestyle.

## Key:

New topic knowledge =

Assessment =

Teaching  
Coaching  
Nutritionist  
Physiotherapy  
Fitness Trainer

CAREERS  
IN  
SPORT

PE & Sport Examinations

GCSE PE Moderation

Final Core PE Lessons

BTEC Sport: Catch Up Sessions

BTEC Sport: Unit 6 Leading Sports Activities

Lifelong Physical activity

Continuation of Core PE pathways

GCSE PE: Health, fitness & Wellbeing

GCSE PE: Physical Training

GCSE PE: Mock Moderation

Yr 11 Consultation Evening

GCSE PE: Applied Anatomy & Physiology

BTEC Sport: Unit 3 Applying the principles of personal training

GCSE PE: Analysis of Performance

GCSE PE: Sports Psychology

GCSE PE: Socio-Cultural Influences

Adventure

Yr 11 Core PE Pathway selection

Start your new Core PE Pathway

Performance Plus

BTEC Sport: Catch up sessions

Yr 10 Consultation Evening

BTEC Sport: Unit 2 Practical Sports Performance

Healthy Active Lifestyles

Performance Competitive Games

BTEC Sport: Unit 1 – Fitness for Sport

Participate in an alternative curriculum.

KS4 Examination PE Options talk

Inter-house sports competitions

Understand Fitness concepts.

Take part in my last Sports Day

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Develop Cycling skills through MTB

THE DUKE OF EDINBURGH'S AWARD

Develop Leadership skills

Explore aesthetic appreciation through parkour and sports acrobatics.

KS4 Core PE Pathway selection

Take part in my second Sports Day

Final key stage 3 assessment point.

Inter-house sports competitions

Develop Leadership and Teamwork

Explore different styles of dance

Join a new sports club

Term 3: Introduce Cricket and develop athletics and swimming

Term 2: New sports including racquets.

Participate in new sports this year

Term 1: Develop Knowledge, skills and tactical awareness

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Attend my first PE lesson and meet the staff

Join an extra-curricular club

Represent a school team

Curriculum Extension Days

Inter-house sports competitions

Take part in my first Sports Day

START

Get my PE kit

Take off lessons

Learn "CVC Warm Up"

Term 1: Introduction to CVC School sport – (2 sports)

Participate in a range of new activities

Term 2: Games & aesthetic appreciation

Term 3: Summer sports and swimming

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